



LET'S MOVE

FRIDAY JUNE 23 & SATURDAY JUNE 24 OLYMPIC AND PARALYMPIC DAY CELEBRATION 2023

June 23 marks Olympic & Paralympic Day in the United States and is known around the world as Olympic Day.

We come together on this day to celebrate sport, well-being, the Olympic values of Excellence, Friendship, Respect, and the Paralympic values of Courage, Determination, Equality, and Inspiration.

Get out, be active, and share with the world what you are doing to MOVE!

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Visit [Olympics.com](#) for a virtual invite to MOVE with an Olympian!

#LETSMOVE



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OLYMPIC REGIONAL
DEVELOPMENT AUTHORITY